

**Alternate Meal
Tuna Fish Sandwich**

The alternate entrée meal requires a 2-day advanced reservation using the pink reservation ticket and placed in the donation box.

Oconee County Senior Center

3500B Hog Mountain Road
Watkinsville, Georgia 30677
706.769.3979

December 2019

Lunch Served Daily at 12 noon Monday- Friday

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Baked Cod Nuggets</u> 4 oz. Baked Beans 4 oz. Northern Blend Vegetables 1 oz. Tartar Sauce 4 oz. Mandarin Oranges Milk/Milk Substitute	3 <u>Beef Stew</u> w/Carrots & Potatoes 4 oz. Italian Green Beans 4 oz. Pineapple Tidbits Milk/Milk Substitute	4 <u>Chicken Fingers</u> 4 oz. Carrot Raisin Salad 4 oz. Northern Blend Vegetables Banana Milk/Milk Substitute	5 <u>Potato Soup</u> 2 oz. Turkey/1 oz. Swiss Cheese WW Sandwich Slim Lettuce/Sliced Tomato 4 oz. Broccoli Salad Apple Slices Milk/Milk Substitute	6 <u>BBQ Chicken Thigh</u> 4 oz. Turnip Greens 4 oz. Black Eyed Peas Cornbread Muffin/Margarine 4 oz. Sliced Pears Milk/Milk Substitute
9 <u>Cheese Omelet</u> 2 oz. Chicken Sausage Link 1 Biscuit 4 oz. Roasted Potatoes w/Peppers & Onion 4 oz. Cinnamon Apples Milk/Milk Substitute	10 <u>Sliced Meatloaf</u> 4 oz. Mashed Potatoes 4 oz. Parslied Carrots 2 oz. Dinner Roll/Margarine 4 oz. Mixed Fruit Milk/Milk Substitute	11 <u>Bacon Corn Chowder</u> Mixed Green Salad w/ Spinach 1.5 Lite Dressing 4 Whole Wheat Crackers 4 oz. Mandarin Oranges Milk/Milk Substitute	12 <u>**Holiday Meal**</u> <u>Spiral Sliced Ham</u> 4 oz. Collard Greens 4 oz. Roasted Butternut Squash Dinner Roll No-Bake Cherry Cheesecake Tea/Milk/Milk Substitute	13 <u>Beef Hamburger</u> Sliced Tomato/Lettuce/Onion Whole Wheat Bun 4 oz. Three-Bean Salad 4 oz. Sweet Potato Wedges Apple Slices Milk/Milk Substitute
16 <u>Pinto Beans w/Ham</u> 4 oz. Collard Greens 1 Cornbread Muffin Margarine 4 oz. Mixed Fruit Salad Milk/Milk Substitute	17 <u>Lemon Pepper Chicken</u> 4 oz. Sweet Potato/Margarine 4 oz. Steamed California Veggies. 4 oz. Unsweetened Applesauce Milk/Milk Substitute	18 <u>Beef Hot Dog</u> Whole Wheat Bun 4 oz. Cole Slaw 4 oz. Whole Kernel Corn Banana Milk/Milk Substitute	19 <u>Taco Casserole</u> Shredded Lettuce Chopped Tomato 4 oz. Black Bean Corn Relish Sour Cream 4 oz. Mixed Fruit Salad Milk/Milk Substitute	20 <u>Minestrone</u> Tossed Mixed Green Salad w/Spinach Cheesy Garlic Bread 4 oz. Pineapple Tidbits Milk/Milk Substitute
23 <i>Senior Center Closed for the Holidays</i>	24 	25 	26 	27 
30 <u>Chicken Pot Pie</u> 4 oz. Baked Sweet Potato Tossed Green Salad w/Spinach 2 oz. Dressing Apple Slices Milk/Milk Substitute	31 <u>Kielbasa</u> 4 oz. Cooked Cabbage 4 oz. Honey Glazed Carrots Cornbread w/Margarine 4 oz. Peaches Milk/Milk Substitute	<u>January 1st 2020</u> <i>Happy New Year</i> <i>Senior Center Closed</i>	2 <u>Vegetable Beef Soup</u> 4 Whole Wheat Crackers Mixed Green Salad 1.5 oz. Dressing Banana Milk/Milk Substitute	3 <u>***Holiday Meal***</u> 4 oz. BBQ Chopped Pork 4 oz. Collard Greens 4 oz. Baked Sweet Potato 4 oz. Spiced Apples Special Dessert Tea/Lemonade Milk/Milk Substitute