

Lunch Served Daily at 12pm

November 2022

OCONEE COUNTY SENIOR CENTER - 3500B Hog Mountain Rd Watkinsville (706) 769-3979
Menus and Menu Items are subject to change or cancellation after printing.

Monday

Tuesday

Wednesday

Thursday

Friday



1 White Chicken Enchiladas

4 oz. Spanish Rice
4 oz. Refried Beans
Lettuce & Chopped Tomato
Banana
Milk/Milk Substitute

2 Kielbasa

4 oz. Cooked Cabbage
4 oz. Navy Beans
Cornbread w/Margarine
4 oz. Hot Cinnamon Apples
Milk/Milk Substitute

3 Vegetable Beef Soup

Cornbread/Margarine
Tossed Mixed Green Salad
2 oz. Dressing
Milk/Milk Substitute

4 Chicken Salad

1 Medium Croissant
4 oz. Marinated Bean Salad
Graham Crackers
Apple Slices
Milk/Milk Substitute

7 Sloppy Joes

Whole Wheat Bun
4 oz. Whole Kernel Corn
4 oz. Broccoli Salad
4oz. Sliced Pears
Milk/Milk Substitute

8 Sliced Meatloaf

4 oz. Steamed Broccoli
4 oz. Mashed Potatoes
4 oz. Mandarin Oranges
Milk/Milk Substitute

9 Grilled Chicken Sandwich

Whole Wheat Bun
Sliced Lettuce & Tomato
4 oz. Carrot Raisin Salad
Cookie/Banana
Milk/Milk Substitute

10 Beans and Greens

4 oz. Pinto Beans w/Ham
4 oz. Collard Greens
Cornbread w/Margarine
4 oz. Peaches
Milk/Milk Substitute

11 Ham and Swiss on WW

Slice Lettuce and Tomato
4 oz. Potato Salad
4 oz. Mixed Fruit Cup
Milk/Milk Substitute

14 Chicken Divan w/Broccoli

4 oz. Wild Rice Blend
4 oz. Parslied Carrots
4 oz. Mixed Fruit Salad
Milk/Milk Substitute

15 Beef Chili w/Beans

1 oz. Shredded Cheese
4 Saltine Crackers
4 oz. Mixed Vegetables
4 oz. Pineapple Tidbits
Milk/Milk Substitute

16 Breaded Baked Fish Filet

4 oz. Cheesy Grits
4 oz. Okra & Tomatoes
4 oz. Pineapple Tidbits
Milk/Milk Substitute

17 Baked Turkey & Gravy

Cranberry Sauce
4 oz. Herbed Stuffing
4 oz. Turnip Greens
4 oz. Candied Sweet Potatoes
2 oz. Dinner Roll w/Margarine
Milk/Milk Substitute

18 Cobb Salad

w/LF Bacon Bits
Shredded Cheese
Chopped Turkey
Chopped Tomato
2 oz. Dressing/Crackers
Milk/Milk Substitute

21 Spaghetti w/Meat Sauce

Spinach/Mixed Green Salad
2 oz. Dressing
Garlic Bread
4 oz. Mandarin Oranges
Milk/Milk Substitute

22 Lemon Pepper Chicken

4 oz. Cooked Mixed Greens
4 oz. Roasted Root Vegetables
Banana/Graham Crackers
Milk/Milk Substitute

23 Beef Hot Dog

Whole Wheat Bun
4 oz. Baked Beans
4 oz. Veggie/Macaroni Salad
4 oz. Banana
Milk/Milk Substitute

24

Closed for Holiday

25

Closed for Holiday

28 Chicken Tenders

4 oz. Macaroni Cheese
4 oz. Green Beans
4 oz. Apple Salad
Milk/Milk Substitute

29 Beef Hamburger

Whole Wheat Bun
Sliced Lettuce and Tomato
4 oz. Seasoned Potato Wedges
4 oz. Carrot/Raisin Salad
w/Pineapple
Milk/Milk Substitute

30 Tomato Bisque

3 oz. Grilled Chicken
Caesar Salad w/ Parmesan
4 oz. Sliced Pears
Milk/Milk Substitute

**Alternate Entrée is
Chicken Tenders or
Breaded Fish Filet**