

The Oconee County Senior Center's Meals on Wheels program provides home delivered meals to eligible Oconee County Citizens.

Meals are provided to persons who are unable to obtain the proper nutrition because they are unable to prepare meals, drive, or move about freely outside of the home.

Criteria and eligibility are determined through the Northeast Georgia Area Agency on Aging. To be screened for referral to the Oconee County program, please call 706-583-2546.



Our Mission:

*To improve the health and quality of life of the seniors we serve so that no one is left hungry or isolated.**

Our Vision:

*An Oconee County in which all seniors live nourished lives with independence and dignity.**

** Adapted from the mission and vision of Meals on Wheels America.*

Promoting Dignity & Independence



Oconee County Meals on Wheels

Oconee County Senior Center
3500B Hog Mountain Road
Watkinsville, Georgia
706-769-3979

For information, please contact Aging Services Coordinator Angela Helwig at 706-769-3979 or ahelwig@oconee.ga.us

WHY MEALS ON WHEELS?

More than 10 million seniors in America struggle with hunger, 15.2 million live in isolation and 18.4 million live in, or near poverty. And, the senior population is projected to double by 2050.



BENEFITS OF MEALS ON WHEELS

Meals on Wheels provides nutritious meals to homebound seniors with the added bonus of a quick safety check and the much-needed human connection that comes with each delivery.



VOLUNTEERS NEEDED!

Delivering meals and friendly greetings to homebound seniors is extremely rewarding. Volunteering for just an hour or so one day a week can make a huge impact on the recipients' lives. You may be the only person they see that day.



BE A VOLUNTEER!

If you have a heart for service, and want to make a senior citizen's day, please consider volunteering for the Oconee County Meals on Wheels program. For more information, please call Angela at 706-769-3979 or email ahelwig@oconee.ga.us.